



Go to www.myccvc.com for the details about League and SPA. All programs held at NetSports on Davis Drive

SUMMER FUN

CCVC Summer League

June 9th – August 26th

Tuesday (MS) 5:30 – 7:30 pm

Wednesday (HS) 7:30 -9:30 pm

\$135 per player

Join CCVC this summer for 12 weeks of fun and competitive volleyball for Middle School and High School/Coaches teams. (Reverse coed rules for coed coach team.)

Sign up now with a team of your friends or with your school team. Each team needs at least 8 people but can have up to 12 players. You can sign up as an individual player if you don't have a team but would still like to play and CCVC will place you on a team.

Each team will have an IMPACT certified coach. Bring your own or let CCVC provide you with one.

Each week you'll have one hour for warm-up, followed by a best of 2 out of 3 match. In the final week, a Single Elimination Playoff will be held. **Medals will be awarded to the top two teams. Everyone must sign a waiver and release form.**

IMPROVE SKILLS

Specific Position Academy

July 15th – August 25th

Wednesday 5:30 – 7:30 pm

Every Wednesday

\$160 per player

CCVC will continue to offer its successful SPA program for skill and position training for athletes of all ages and skill levels.

These clinic sessions will provide players with personal development and skills improvement for the positions they currently play as well as in positions they want to improve.

John Skatrud will continue as the Master Coach for these sessions. He will be supported by certified coaches from CCVC.

Each week, over 7 total weeks, a clinic will focus on one or more of the following skills: serving, passing, digging, hitting, blocking and setting.

www.myccvc.com/content/view/178/502 for detail on SPA. **Everyone must sign a waiver and release form.**

IMPROVE SKILL AND PLAY

2 FOR THE PRICE OF SPA

BOTH Summer League & SPA

June 9th – August 26th (League)

July 15th – August 26th (SPA)

\$160 per player

Play this summer and improve your skill by participating in both. **Must sign a waiver and release form.**

PICK AND CHOOSE SKILL IMPROVEMENT

SPA Drop-in

July 15th – August 26th

\$30 per session PAY AT THE DOOR

Pick and choose the SPA sessions to improve certain skills. **Everyone must sign a waiver and release form.**