



CCVC Parent Commandments

One of my goals with CCVC is to help my child become the best volleyball player and person they can be. I understand that participation in the Club requires I conduct myself with these CCVC Parent Commandments at the forefront of my actions and behaviors. I understand that a failure to meet these expectations will mean that I will not be permitted attend to practices or tournaments.

- 1. ATTENDANCE** –I will help my daughter attend all practice sessions, matches and tournaments. If she is unable to attend, I will assure she or I notify the coach or assistant coach at least 1 day prior to the session to be missed. I will provide a calendar of known dates that conflict with my commitment to practices and tournaments in advance to the parent representative and / or coach. I will never take my child from a practice or tournament without first receiving permission from my daughter's coach.
- 2. SPORTSMANSHIP** – I will always be an example to my daughter in the area of good sportsmanship during practices and tournaments. I will refrain from criticizing officials, opposing players, other parents, coaches, my daughter's teammates, and my daughter. I will exhibit exemplary sportsmanship whether the team is winning or loosing, playing well or not playing well. I will be a positive model to my daughter, the other players, their parents and the coaches.
- 3. HELPFULNESS** - I will help my daughter arrive early to all practice sessions and tournaments. As a parent, I will assist in net setup and tear-down, gym or team "campsite" cleanup, and encourage my daughter to share all referee, line judge and work responsibilities. I will offer assistance to the Team Rep with communication to fellow parents.
- 4. COURTESY** –I will not use any inappropriate language or gestures during practice or tournaments or while representing CCVC.
- 5. COOPERATION** –I will cooperate, with my daughter's coaches and parent teammates, with the parent representative regarding team issues and financial commitments, with the CCVC Board of Directors on questions or concerns regarding the Club. I understand the coaches makes the final decision on all play time and will support their decision. I will discuss the role of my child on the team with my child on a one-on-one basis and suggest they request feedback and suggestions to improve their skills and to increase any playing time.
- 6. APPEARANCE** –I assist my daughter with appropriate dress, in the team uniform, for all tournaments.
- 7. COMMITMENT** – I will regularly check my email and the CCVC web page (www.myccvc.com), recognizing this "electronic" method is the primary means of communication for practice changes, team assignments, etc. I will make sure my daughter has adequate, safe, and on-time transportation to and from all practices and tournaments. I will budget my time to meet the responsibilities of being a CCVC team member, maintaining my academic goals, and participating in social and community projects.
- 8. COMMUNICATION** –I will allow my daughter to work to resolve problems or issues on the team with the coaching staff in accordance with the *CCVC Grievance Process*. I will NEVER confront any of my daughter's coaches at a tournament or practice about playing time or coaching techniques. If I absolutely feel the need to discuss this type of problem with my daughter's coach, I will follow the *CCVC Grievance Process*.
- 9. ATTITUDE** –I will encourage my daughter to work hard at practices and tournaments and to take the time as a team seriously. I will assure she is attentive and focused on the coaches instruction. I will support the coaches suggestions for my daughter's improvement with eagerness and appreciation.
- 10. PAYMENT** –I will make timely payment of dues to the club for my daughter's participation in CCVC. I understand and agree to the financial commitments of the Club. I recognize that my failure to meet this commitment will unduly penalize my child and the Club. I understand that the CCVC dues are for practice time and coaching fees. There is no guarantee for playing time.

Parent's Signature

Date

Parent's Signature

Date